



www.grassvalleyrec.com

Girls Volleyball Recreation League 2017 7-8th Grade

Rules and Guidelines

- Matches are 2 out of 3, to 25 points. Third game to 15 points.
- Two timeouts per team per game
- Match will end 45 minutes after the start of play in order to maintain rec schedule, regardless of score. Referee/scorekeeper will keep official play time.
- Warm-up starts 15 minutes prior to scheduled start time. Passing 6, hitting 6, and serving 2
- Net height is 7'4" (girls junior high standard)
- The ball may touch the net on service
- Players wear jerseys for all games.
- Please help keep the facility clean.

- **NOTE:** If there is no school, i.e. holiday, snow day, etc. then there is no practice. The gyms will be closed. If weather is questionable on game day, please check the website or listen to KNCO.

<p>November 11</p> <p>12:25pm Elite v Extreme at LG Power v Spikey SeaStars at Scotten</p> <p>Winner of above game plays at 1:30 at Gilmore Loser of above game plays at 1:30 at Scotten</p> <p>2:30pm Extreme v Invasion at LG Force v Storm at Scotten</p> <p>Winner of above game plays at 3:35 at Gilmore Loser of above game plays at 3:35 at Scotten</p>	<p>November 18</p> <p>12:25pm Power v Spikey SeaStars at LG Elite v Storm at Scotten</p> <p>Winner of above game plays at 1:30 at Gilmore Loser of above game plays at 1:30 at Scotten</p> <p>2:30pm Invasion v Force at LG Extreme v Storm at Scotten</p> <p>Winner of above game plays at 3:35 at Gilmore Loser of above game plays at 3:35 at Scotten</p>
<p>December 2</p> <p>12:25pm Elite v Spikey SeaStars at LG Extreme v Invasion at Scotten</p> <p>Winner of above game plays at 1:30 at Gilmore Loser of above game plays at 1:30 at Scotten</p> <p>2:30pm Power v SpikeySeaStars at LG Force v Storm at Scotten</p> <p>Winner of above game plays at 3:35 at Gilmore Loser of above game plays at 3:35 at Scotten</p>	<p>December 9</p> <p>12:25pm Power v Invasion at LG Elite v Force at Scotten</p> <p>Winner of above game plays at 1:30 at Gilmore Loser of above game plays at 1:30 at Scotten</p> <p>2:30pm Invasion v Spikey SeaStars at LG Exterme v Storm at Scotten</p> <p>Winner of above game plays at 3:35 at Gilmore Loser of above game plays at 3:35 at Scotten at Scotten</p>
<p>December 16</p> <p>12:25pm Elite v Force at LG Power v Invasion at Scotten</p> <p>Winner of above game plays at 1:30 at Gilmore Loser of above game plays at 1:30 at Scotten</p> <p>2:30pm Force v Extreme at LG Spikey SeaStars v Storm at Scotten</p> <p>Winner of above game plays at 3:35 at Gilmore Loser of above game plays at 3:35 at Scotten</p>	<p>Elite - Coach Alma Power - Coach Paola Spikey SeaStars - Coaches Hazel/Alex/Zara Storm - Coach Nicole Extreme - Coach Lena Force - Coach Taylor Invasion - Coach Joey</p> <p>No practices or games during Thanksgiving Break and Veterans Day</p>