



www.grassvalleyrec.com

Grass Valley Recreation Youth Basketball 2025

The Grass Valley Recreation League has a **zero-tolerance** policy for any behavior that violates the standards outlined above, including disrespect, poor sportsmanship, bullying, harassment, or unsafe conduct. Any breach of these expectations will result in immediate disciplinary action, which may include suspension, removal from the team, or other consequences deemed appropriate by league officials. This policy ensures a safe, respectful, and enjoyable environment for all participants, and everyone is expected to uphold these values at all times.

As a participant in the Grass Valley Youth Basketball League, I understand that my behavior impacts the experience of my teammates, opponents, coaches, and the entire community. To ensure a positive, respectful, and safe environment for all, I agree to the following:

Respect for Teammates and Opponents. I will always treat my teammates, opponents, coaches, referees, and spectators with respect and kindness, regardless of the score or the situation. I will refrain from name-calling, trash-talking, or making disrespectful gestures. I understand that everyone is here to learn, have fun, and enjoy the game.

Good Sportsmanship, I will show good sportsmanship whether we win or lose. I will shake hands with the other team after each game and sincerely congratulate them on their effort. I will not boast after a win or sulk after a loss. Instead, I will maintain a positive attitude and show maturity in both victory and defeat.

Positive Attitude. I will come to practices and games with a positive attitude, ready to listen, learn, and give my best effort. I will encourage my teammates when they succeed and offer support when they make mistakes. I will keep negative comments to myself, remembering that everyone, including myself, is trying their best.

Following Rules and Instructions. I will follow all league rules, including those related to game play, safety, and sportsmanship. I will listen to my coaches and referees, understanding that they are here to help me grow and improve. If I disagree with a decision made by an official or coach, I will express my concerns respectfully and at an appropriate time.

No Bullying, Harassment, or Discrimination. I will not engage in any form of bullying, whether verbal, physical, or online, and I will report any such behavior if I witness it. I will respect all participants regardless of their background, including race, gender, ethnicity, ability, or any other characteristic. I will stand up against harassment or discrimination and contribute to creating an inclusive and welcoming environment.

Safety and Well-Being. I will prioritize safety in all practices and games, avoiding dangerous or reckless behavior that could hurt myself or others. I will inform my coach immediately if I am injured or feel unwell. I will respect the personal space and physical safety of others, including proper use of equipment and observing fair play.

Commitment to My Team. I will arrive on time to all practices and games, or notify my coach in advance if I am unable to attend. I will do my best to be a reliable and committed teammate, understanding that my participation affects the whole team. I will take care of league equipment and facilities, leaving them in good condition for others to use.